



# THC GROUND RULES

*The following rules must be observed by all users of the pitches at the Tasmanian Hockey Centre*

## **FOOT WEAR**

All persons entering the fields must be wearing appropriate sports shoes free of grass, dirt or stones. Users may be directed change footwear or to clean footwear by the match manager, umpires, ground staff or Hockey South officials. **It is a duty of the rostered Match Manager to check all shoes before teams enter the ground.**

Footwear containing rigid plastic or nylon cleats are not permitted. The facilities manager may be consulted to check whether footwear is suitable.

## **GOAL KEEPERS**

**Goalkeepers are to ensure that metal or sharp buckles are securely covered or taped.**

## **ENTRY**

Users may not enter the grounds before the designated time for their game and may not enter until a shoe check has been completed as above. Entry must be through the specified player's gate and must not be achieved by climbing over fences. All equipment is to be kept within the bench area.

## **RESTRICTED ENTRY OFFICIALS**

Entry to the ground is restricted to the umpires, bench officials and Hockey South officials (including ground staff) required for a match.

## **RESTRICTED ENTRY TEAMS**

Entry to the ground is to be restricted to the starting eleven, up to five bench players, the coach, assistant coach, the team manager and a medical support person. Bench players are to remain seated on the bench until substituted. Bench players will be permitted to warm up prior to being substituted, subject to such warm up being in a controlled manner and is not detrimental to the play or match officials, and should include the players not displaying their match playing uniform. Team officials must remain within the designated bench area with the exception of the Manager who may approach the bench for substitutions, when requested or to seek information. All persons on the bench shall ensure that clear passage is left for umpires at all times.

## **BEHAVIOUR ON BENCH**

The manager, or in the absence of the manager, the coach or in the absence of both, the team captain are responsible for the orderly conduct of the Bench and shall ensure that all rules are followed. The manager, or in the absence of the manager, the coach, or in the absence of both the team captain shall also ensure that any request or instruction from the bench or a Hockey South official (including ground staff) is complied with.

## **SPITTING**

**Spitting or nasal excreta on the playing surface or runoffs is completely prohibited. Umpires must issue a yellow card to any player who does so.**

### **HITTING THE TURF**

Players must ensure that their actions do not damage the pitch and in particular any hitting of the pitch or **throwing of sticks** or striking of the ball in manner detrimental to the pitch is banned. For this purpose, the hit known as the “tomahawk” is permitted.

### **BANNED ITEMS**

**The following items are banned from the pitches: pets, cigarettes, matches, cigarette lighters, food, high heeled shoes, chewing gum, alcohol, canned drinks or solvents. Furthermore, pets or alcohol may not be brought into the Centre.**

### **TEAM DRINKS**

Team drinks may be brought onto the ground and should be consumed off the playing surface.

### **BLOOD**

Umpires and Match Managers are to ensure that play does not continue with blood on the ground. It is to be scrubbed with provided alcohol or detergent and if necessary hosed.

### **WARM-UPS**

**Players are not to warm up in circles unless authorised. Any warm up hitting is to be on the scoreboard side of the ground.**

### **TRAINING**

**Club Coaches are to avoid training in the circles wherever possible. Goals may only be used on scoreboard side of the ground and must not be on the playing surface without permission of the Centre Manager.**

### **EXIT**

Teams are to exit the ground before the scheduled start time of the next match and must take all equipment and **rubbish** from the ground.

Any further enquiries or questions should be direct to myself via any of the below methods.

Enjoy your time at the centre!!!

Regards,

**Graham Canny**  
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